

BIUMC UPWARD BBALL RULES

2ND AND 3RD GRADE

1. Referees will lead both teams in prayer at center court before every game.
2. Goal is 9 feet
3. Ball is 28.5”
4. Referees will determine which team gets the ball first, no jump ball
5. Games consist of six, 6-minute segments and an 6 minute halftime. One minute is allotted for substitutions between segments.
6. Score is kept, under the guidance of the referees and coaches who may reset at halftime or stop it.
7. Man to Man defense will always be used (no zone defense) and players will guard their player as designated by the same color wrist band. Although if an opponent is unguarded by his defender, another player may help defense just long enough for the correct defender to get into position.
8. 3-second violation will be addressed later in the season, following email from Coach commissioner.
9. There is no over and back violation, for the offense due to smaller court size and no defense allowed in the back court. Defenders will wait at half court for the offensive.
- 10.Coaches allowed to walk the sidelines to encourage and instruct players.
- 11.Stealing the ball off a pass is allowed.
- 12.Stealing the ball off the dribble is not allowed as long as the offensive player has control the ball (referee discretion).
- 13.Double dribble and travelling violation is called in most circumstances, at the referees discretion, ball may or may not be turned over to the opposing team.
- 14.Fast breaks are allowed in any transition situation.
15. Defensive fouls will be handled by the referees, usually resulting in giving the ball back to the offense, or possibly allotting the two points on a shooting foul. Shooting free throws will be done very seldom, due to running clock, and not until later in the season after there is time to practice lining up for a free throw. Coach commissioner will send an email out a week before, so they can practice lining up.
- 16.Offensive fouls will be a turnover back to the defensive.